



Forum: Scottish Dishes

Topic: recipes to share

Subject: Re: recipes to share

Posted by: bettyboop2544

Posted on: 2007/5/16 10:58:40

Yummy Scottish Tablet, never could get it right myself so resort to buying it

4 oz butter or marg

2 lb sugar

1 large tin condensed milk

1 cup full milk

flavouring, ie. vanilla, peppermint etc.

Melt butter and full milk together in a large pan, add sugar and melt very slowly, Boil for 10 minutes, stirring all the time Gradually, add condensed milk and boil for 10 minutes more. remove from heat and beat hard for 2-3 minutes. test by dripping a lump into a cup of cold water. pour into greased tray, mark out before completely cool.