

Forum: International Dishes

Topic: recipes to share

Subject: Re: recipes to share

Posted by: Annie

Posted on: 2007/5/31 3:01:52

Here is a lovely salad.

Avacado Green Salad

1 lettuce
1/3 cup parsley
1 eschallot-chopped
1 green pepper
1 avacado
vinaigrette dressing
garnish with croutons fried in garlic oil.

1. Tear lettuce leaves into bite sizes pieces.
 2. Slice eschallot using all the green stem.
 3. Cut capsicum in half and slice into thin strips.
 4. Roughly chop the parsley and combine all ingredients with slices avacado.
 5. Just before serving, toss with vinaigrette dressing.
 6. Garnish the green salad with cubes of bread fried until crisp and brown in garlic flavoured hot oil.
- This salad is delicious served with cold meat or seafood.

Attached file: 
kbpicm.JPG (82.09 KB)



