

Forum: Scottish Dishes

Topic: recipes to share

Subject: Re: recipes to share

Posted by: Annie

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Here is a nice refreshing dessert.

- 1 large ripe pear
- 1 medium-sized orange
- 1 cup sliced bananas
- 1 cup ripe peach slices
- 2 teaspoons lemon juice
- 1 tablespoon dry sherry
- 1/2 cup caster sugar
- 2/3 cup water

Heat the water and sugar until boiling, stirring until sugar has dissolved, then simmer for 2 minutes.

Stir in sherry and lemon juice, leave to cool while preparing the fruit.

Core, peel and slice the pear. Peel orange, remove the pith, cut into sections, then cut these into halves. Add all the fruit to the syrup and chill before serving, may be served with cream or ice cream.

Attached file: 
kbfuit.jpg (24.44 KB)

