



Forum: Scottish Dishes

Topic: recipes to share

Subject: Re: recipes to share

Posted by: Annie

Posted on: 2007/7/2 2:51:15

Here is a nice meat loaf, just perfect for a summer picnic when cold or with potatoes and vegetables.

Ingredients:

500g good mince

500g bacon

2 eggs

1/4 nutmeg grated

1 medium onion, finely chopped

salt and pepper.

Mix all the ingredients together thoroughly and then roll into a sausage shape. Press into a well greased steaming bowl or tin and cover with a greased proof paper. Steam in a pan of boiling water for about 1 1/2 hours. Leave in container till cold. Slice as required, serve with a green salad, and perhaps a potato salad.